

LIMB PROTECTION



Palm Protector
(Ambidextrous)
PTA521104



Elbow Protector
(One Size Fits All)
PTA521100



Bed Heel Elevator
PTA509050



Heel Protector
PTA503360



Pressure Care Assist
PTA521600



Gel Armrest Pads
Various Sizes

RENT IT TODAY

Did you know that Aidacare offers a comprehensive range of equipment for rent? We've got you covered should you need any products for home care and recovery!

Scan the QR code or visit aidacare.com.au/products/hire for more details.



MAKE IT YOURS

Alternatively, you can purchase the items you're after and make them yours today. See our website for more information or speak to your local showroom staff for assistance.

For a **list of all our branches** scan the QR code or use the find a store function on our website.



PRINT AND DIGITAL RESOURCES

Check out our resources at aidacare.com.au or scan in the QR code below.



aidacare.com.au



NATIONAL COVERAGE

Located across all states of Australia, Aidacare have showrooms in capital city and regional locations. We also have network partners covering other areas, so our products are easily accessible.

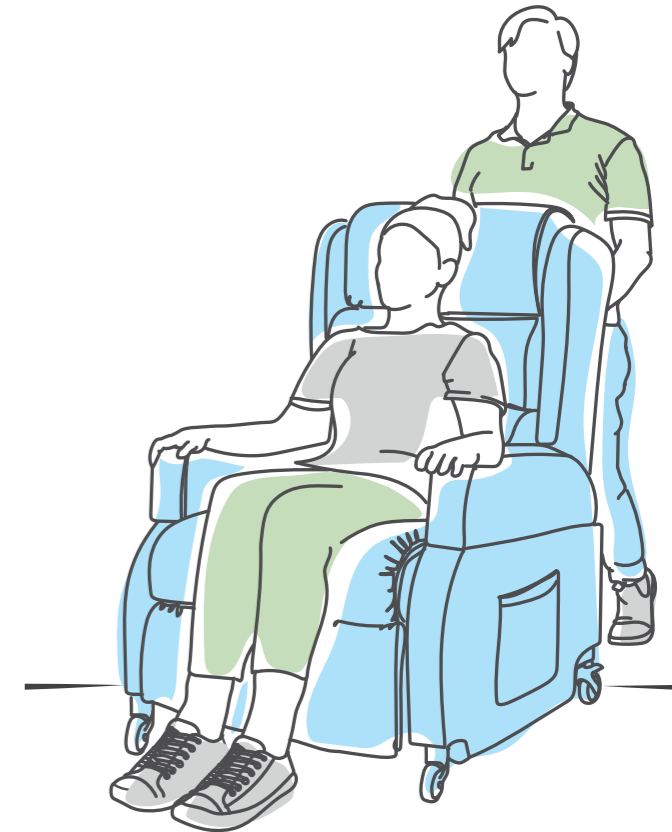
Visit our showrooms and our expert, friendly staff are there to assist with all your needs. To find your nearest showroom go to aidacare.com.au or call **1300 133 120**.

'Solutions for Living' Collection

You may also be interested in Aidacare's other 'Solutions for Living' Guides giving product range information for the following areas:

- Arthritis
- Back Conditions
- Bariatric Care
- Carer's Needs
- Dementia
- Effects Of Stroke
- Energy Conservation
- Falls Risks
- Hip And Knee Care
- Mobility And Access
- Neuro Conditions
- Paediatric Care
- Positioning Needs
- Pressure Care
- Therapy And Exercise
- Travel

SOLUTIONS FOR LIVING



MANAGING PRESSURE CARE

1300 133 120 | aidacare.com.au



ABR126-5 14123



MANAGING PRESSURE CARE

Previously called bed sores, pressure injuries may develop when movement is limited, or when confined to a bed or chair. Prolonged pressure on bony areas such as the elbow, heel, shoulder, back of head, and sacral area can restrict blood flow, and therefore, oxygen and nutrients to the skin.

Pressure injuries can develop quickly and if not treated promptly, can have serious health outcomes. Skin should be checked regularly and your doctor consulted if there are any concerns.

Prevention is key to reducing the risk of a pressure injury. Measures include regular position changes, redistributing pressure or offloading high risk areas, and ensuring good hygiene, nutrition and skin care. Use of the appropriate equipment will also help to minimise the risk.

Did you know?

The way that equipment is used will also help to reduce pressure injury risks.

- Using an adjustable chair to ensure good posture and foot support reduces sliding forward in the chair and makes it easier and safer to change your posture, stand and move.
- Raising the legrest of an adjustable bed before raising the backrest can reduce pressure injury risk from shear forces.
- Taking care when removing clothing or leg straps on slings can reduce risks from friction.
- When using equipment with both tilt and recline features, use the tilt function prior to engaging the recline function to minimise sliding and shear forces

For information on how to safely use your assistive equipment, contact your allied health professional

For a full range of assistive equipment that may help a patient with pressure care assistance needs, please scan the QR code.



PRESSURE CUSHIONS



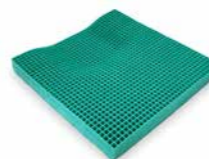
JAY LowZone Gel Switch

Various sizes and configurations available



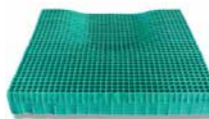
JAY Union

Various sizes and configurations available



Equagel General

Various sizes and configurations available



Equagel Protector

Various sizes and configurations available



Vicair Adjuster O2 Cushion

Various sizes and configurations available



ROHO Single Compartment Sensor Ready

High and Medium profiles
Various sizes and configurations available

SEATING & WHEELCHAIRS



Aspire Pressure Reducing Adjustable Day Chair

CHP208035
SWL 160kg



Aspire Waterfall Day Chair

Various fabrics and colour options. Seat can be replaced with a pressure cushion
SWL 200kg



Aspire Air Lift Chair

Various sizes and configurations available
SWL 140kg



Aspire COVE Pressure Relief Chair

CHP198976 – Medium
CHP198977 – Large
SWL 160kg



Aspire PostureFit Lift Recline Chair

CHP198250 - Medium
CHP198260 - Large
SWL 160kg



Aspire Rehab RX Tilt-In-Space Wheelchair

MWS449710 – 410-460mm
MWS449720 – 460-510mm
MWS449740 – 510-560mm
SWL 180kg

MATTRESSES & OVERLAYS



Sheepskin Mattress Overlay

PTA521400



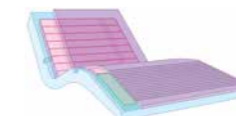
Aspire LifeComfort Pressure Reducing Mattress

Various sizes available
SWL 150kg



Aspire Memory Foam Mattress – Incontinence

Various sizes available



Aspire Hybrid Comfort Mattress

Various sizes available



Aspire Active Air 5 Alternating Overlay

Various sizes available
SWL 175kg



Aspire Active Air 8 Alternating Mattress Replacement

Various sizes available
SWL 200kg